



Transforming lives through meaningful employment

AchieveAbilities LLC would like to introduce you to Amy A.

Amy knew she wanted to study psychology from the age of 13 and she has not tired of it since!

Amy has over twenty-five years of human service experience including vocational coaching, mental health counseling, event planning, and training. The settings range from a government job center to an intermediate care facility, to community and alternative programs. She has served people with disabilities, mental health challenges, and people with financial challenges.



She got her master's degree in counseling psychology in 1992. And she taught herself technical writing over the years, which helps a lot in her role as Training and Development Coordinator. Amy finds working with people a joy and solving problems fascinating. Caretaking is in her blood from her parents and grandmother. Plus having an invisible disability of chronic health challenges helps her gain valuable perspective on what it is like for people living on the margins of society.

Amy loved her experience organizing monthly events for individuals with developmental disabilities. They were fighting isolation because they lived outside Madison city limits and did not drive. Members of the group helped her plan fun and capacity-building activities. Amy felt the results were magical. A safe space was created which developed or deepened friendships, grew confidence, and allowed volunteers to gain new insight. Everyone cherished what was built.

As you can see, Amy feels passionate for promoting inclusion, growth, clear vision and optimism!

She was delighted to join the AchieveAbilities team in 2020 to help build a training program. She is impressed with the philosophy and talent of the Achieve community and feels very blessed to be a part of it.

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